

Nursing Interventions Classification (NIC), 5th edition
Intervention Labels & Definitions
N=542

6400	Abuse Protection Support	Identification of high-risk dependent relationships and actions to prevent further infliction of physical or emotional harm
6402	Abuse Protection Support: Child	Identification of high-risk, dependent child relationships and actions to prevent possible or further infliction of physical, sexual, or emotional harm or neglect of basic necessities of life
6403	Abuse Protection Support: Domestic Partner	Identification of high-risk, dependent domestic relationships and actions to prevent possible or further infliction of physical, sexual or emotional harm or exploitation of a domestic partner
6404	Abuse Protection Support: Elder	Identification of high-risk, dependent elder relationships and actions to prevent possible or further infliction of physical, sexual, or emotional harm; neglect of basic necessities of life; or exploitation
6408	Abuse Protection Support: Religious	Identification of high risk, controlling religious relationships and actions to prevent infliction of physical, sexual, or emotional harm and/or exploitation
1910	Acid-Base Management	Promotion of acid-base balance and prevention of complications resulting from acid-base imbalance
1911	Acid-Base Management: Metabolic Acidosis	Promotion of acid-base balance and prevention of complications resulting from serum HCO ₃ levels lower than desired
1912	Acid-Base Management: Metabolic Alkalosis	Promotion of acid-base balance and prevention of complications resulting from serum HCO ₃ levels higher than desired
1913	Acid-Base Management: Respiratory Acidosis	Promotion of acid-base balance and prevention of complications resulting from serum pCO ₂ levels higher than desired
1914	Acid-Base Management: Respiratory Alkalosis	Promotion of acid-base balance and prevention of complications resulting from serum pCO ₂ levels lower than desired
1920	Acid-Base Monitoring	Collection and analysis of patient data to regulate acid-base balance
4920	Active Listening	Attending closely to and attaching significance to a patient's verbal and nonverbal messages
4310	Activity Therapy	Prescription of and assistance with specific physical, cognitive, social, and spiritual activities to increase the range, frequency, or duration of an individual's (or group's) activity
1320	Acupressure	Application of firm, sustained pressure to special points on the body to decrease pain, produce relaxation, and prevent or reduce nausea
7310	Admission Care	Facilitating entry of a patient into a health care facility
3120	Airway Insertion and Stabilization	Insertion or assistance with insertion and stabilization of an artificial airway
3140	Airway Management	Facilitation of patency of air passages
3160	Airway Suctioning	Removal of airway secretions by inserting a suction catheter into the patient's oral airway and/or trachea
6410	Allergy Management	Identification, treatment, and prevention of allergic responses to food, medications, insect bites, contrast material, blood, and other substances
6700	Amnioinfusion	Infusion of fluid into the uterus during labor to relieve umbilical cord compression or to dilute meconium-stained fluid
3420	Amputation Care	Promotion of physical and psychological healing before and after amputation of a body part
2210	Analgesic Administration	Use of pharmacologic agents to reduce or eliminate pain
2214	Analgesic Administration: Intraspinial	Administration of pharmacologic agents into the epidural or intrathecal space to reduce or eliminate pain
6412	Anaphylaxis Management	Promotion of adequate ventilation and tissue perfusion for an individual with a severe allergic (antigen-antibody) reaction

2840	Anesthesia Administration	Preparation for and administration of anesthetic agents and monitoring of patient responsiveness during administration
4640	Anger Control Assistance	Facilitation of the expression of anger in an adaptive, nonviolent manner
4320	Animal-Assisted Therapy	Purposeful use of animals to provide affection, attention, diversion, and relaxation
5210	Anticipatory Guidance	Preparation of patient for an anticipated developmental and/or situational crisis
5820	Anxiety Reduction	Minimizing apprehension, dread, foreboding, or uneasiness related to an unidentified source of anticipated danger
6420	Area Restriction	Use of least restrictive limitation of patient mobility to a specified area for purposes of safety or behavior management
1330	Aromatherapy	Administration of essential oils through massage, topical ointments or lotions, baths, inhalation, douches, or compresses (hot or cold) to calm and soothe, provide pain relief, and enhance relaxation and comfort
4330	Art Therapy	Facilitation of communication through drawings or other art forms
3180	Artificial Airway Management	Maintenance of endotracheal and tracheostomy tubes and prevention of complications associated with their use
3200	Aspiration Precautions	Prevention or minimization of risk factors in the patient at risk for aspiration
4340	Assertiveness Training	Assistance with the effective expression of feelings, needs, and ideas while respecting the rights of others
3210	Asthma Management	Identification, treatment, and prevention of reactions to inflammation/constriction in the airway passages
6710	Attachment Promotion	Facilitation of the development of the parent-infant relationship
5840	Autogenic Training	Assisting with self-suggestions about feelings of heaviness and warmth for the purpose of inducing relaxation
2860	Autotransfusion	Collecting and reinfusing blood that has been lost intraoperatively or postoperatively from clean wounds
1610	Bathing	Cleaning of the body for the purposes of relaxation, cleanliness, and healing
0740	Bed Rest Care	Promotion of comfort and safety and prevention of complications for a patient unable to get out of bed
7610	Bedside Laboratory Testing	Performance of laboratory tests at the bedside or point of care
4350	Behavior Management	Helping a patient to manage negative behavior
4352	Behavior Management: Overactivity/Inattention	Provision of a therapeutic milieu that safely accommodates the patient's attention deficit and/or overactivity while promoting optimal function
4354	Behavior Management: Self-Harm	Assisting the patient to decrease or eliminate self-mutilating or self-abusive behaviors
4356	Behavior Management: Sexual	Delineation and prevention of socially unacceptable sexual behaviors
4360	Behavior Modification	Promotion of a behavior change
4362	Behavior Modification: Social Skills	Assisting the patient to develop or improve interpersonal social skills
4680	Bibliotherapy	Therapeutic use of literature to enhance the expression of feelings, active problem solving, coping or insight
5860	Biofeedback	Assisting the patient to gain voluntary control over physiological responses using feedback from electronic equipment that monitor physiologic processes
8810	Bioterrorism Preparedness	Preparing for an effective response to bioterrorism events or disaster
6720	Birthing	Delivery of a baby

0550	Bladder Irrigation	Instillation of a solution into the bladder to provide cleansing or medication
4010	Bleeding Precautions	Reduction of stimuli that may induce bleeding or hemorrhage in at-risk patients
4020	Bleeding Reduction	Limitation of the loss of blood volume during an episode of bleeding
4021	Bleeding Reduction: Antepartum Uterus	Limitation of the amount of blood loss from the pregnant uterus during third trimester of pregnancy
4022	Bleeding Reduction: Gastrointestinal	Limitation of the amount of blood loss from the upper and lower gastrointestinal tract and related complications
4024	Bleeding Reduction: Nasal	Limitation of the amount of blood loss from the nasal cavity
4026	Bleeding Reduction: Postpartum Uterus	Limitation of the amount of blood loss from the postpartum uterus
4028	Bleeding Reduction: Wound	Limitation of the blood loss from a wound that may be a result of trauma, incisions, or placement of a tube or catheter
4030	Blood Products Administration	Administration of blood or blood products and monitoring of patient's response
5220	Body Image Enhancement	Improving a patient's conscious and unconscious perceptions and attitudes toward his/her body
0140	Body Mechanics Promotion	Facilitating the use of posture and movement in daily activities to prevent fatigue and musculoskeletal strain or injury
1052	Bottle Feeding	Preparation and administration of fluids to an infant via a bottle
0410	Bowel Incontinence Care	Promotion of bowel continence and maintenance of perianal skin integrity
0412	Bowel Incontinence Care: Encopresis	Promotion of bowel continence in children
0420	Bowel Irrigation	Instillation of a substance into the lower gastrointestinal tract
0430	Bowel Management	Establishment and maintenance of a regular pattern of bowel elimination
0440	Bowel Training	Assisting the patient to train the bowel to evacuate at specific intervals
6522	Breast Examination	Inspection and palpation of the breasts and related areas
1054	Breastfeeding Assistance	Preparing a new mother to breastfeed her infant
5880	Calming Technique	Reducing anxiety in patient experiencing acute distress
4035	Capillary Blood Sample	Obtaining an arteriovenous sample from a peripheral body site, such as the heel, finger or other transcutaneous site
4040	Cardiac Care	Limitation of complications resulting from an imbalance between myocardial oxygen supply and demand for a patient with symptoms of impaired cardiac function
4044	Cardiac Care: Acute	Limitation of complications for a patient recently experiencing an episode of an imbalance between myocardial oxygen supply and demand resulting in impaired cardiac function
4046	Cardiac Care: Rehabilitative	Promotion of maximum functional activity level for a patient who has experienced an episode of impaired cardiac function that resulted from an imbalance between myocardial oxygen supply and demand
4050	Cardiac Precautions	Prevention of an acute episode of impaired cardiac function by minimizing myocardial oxygen consumption or increasing myocardial oxygen supply
7040	Caregiver Support	Provision of the necessary information, advocacy, and support to facilitate primary patient care by someone other than a health care professional
7320	Case Management	Coordinating care and advocating for specified individuals and patient populations across settings to reduce cost, reduce resource use, improve quality of health care, and achieve desired outcomes

0762	Cast Care: Maintenance Care of a cast after the drying period
0764	Cast Care: Wet Care of a new cast during the drying period
2540	Cerebral Edema Management Limitation of secondary cerebral injury resulting from swelling of brain tissue
2550	Cerebral Perfusion Promotion Promotion of adequate perfusion and limitation of complications for a patient experiencing or at risk for inadequate cerebral perfusion
6750	Cesarean Section Care Preparation and support of patient delivering a baby by cesarean section
6430	Chemical Restraint Administration, monitoring, and discontinuation of psychotropic agents used to control an individual's extreme behavior
2240	Chemotherapy Management Assisting the patient and family to understand the action and minimize side effects of antineoplastic agents
3230	Chest Physiotherapy Assisting the patient to move airway secretions from peripheral airways to more central airways for expectoration and/or suctioning
6760	Childbirth Preparation Providing information and support to facilitate childbirth and to enhance the ability of an individual to develop and perform the parental role
4062	Circulatory Care: Arterial Insufficiency Promotion of arterial circulation
4064	Circulatory Care: Mechanical Assist Device Temporary support of the circulation through the use of mechanical devices or pumps
4066	Circulatory Care: Venous Insufficiency Promotion of venous circulation
4070	Circulatory Precautions Protection of a localized area with limited perfusion
3000	Circumcision Care Preprocedural and postprocedural support to males undergoing circumcision
6140	Code Management Coordination of emergency measures to sustain life
4700	Cognitive Restructuring Challenging a patient to alter distorted thought patterns and view self and the world more realistically
4720	Cognitive Stimulation Promotion of awareness and comprehension of surroundings by utilization of planned stimuli
8820	Communicable Disease Management Working with a community to decrease and manage the incidence and prevalence of contagious diseases in a specific population
4974	Communication Enhancement: Hearing Deficit Assistance in accepting and learning alternate methods for living with diminished hearing
4976	Communication Enhancement: Speech Deficit Assistance in accepting and learning alternate methods for living with impaired speech
4978	Communication Enhancement: Visual Deficit Assistance in accepting and learning alternate methods for living with diminished vision
8840	Community Disaster Preparedness Preparing for an effective response to a large-scale disaster
8500	Community Health Development Assisting members of a community to identify a community's health concerns, mobilize resources, and implement solutions
5000	Complex Relationship Building Establishing a therapeutic relationship with a patient to promote insight and behavioral change
5020	Conflict Mediation Facilitation of constructive dialogue between opposing parties with a goal of resolving disputes in a mutually acceptable manner
0450	Constipation/Impaction Management Prevention and alleviation of constipation/impaction
7910	Consultation Using expert knowledge to work with those who seek help in problem solving to enable individuals, families, groups, or agencies to achieve identified goals
1620	Contact Lens Care Prevention of eye injury and lens damage by proper use of contact lenses

7620	Controlled Substance Checking Promoting appropriate use and maintaining security of controlled substances
5230	Coping Enhancement Assisting a patient to adapt to perceived stressors, changes, or threats which interfere with meeting life demands and roles
7630	Cost Containment Management and facilitation of efficient and effective use of resources
3250	Cough Enhancement Promotion of deep inhalation by the patient with subsequent generation of high intrathoracic pressures and compression of underlying lung parenchyma for the forceful expulsion of air
5240	Counseling Use of an interactive helping process focusing on the needs, problems, or feelings of the patient and significant others to enhance or support coping, problem solving, and interpersonal relationships
6160	Crisis Intervention Use of short-term counseling to help the patient cope with a crisis and resume a state of functioning comparable to or better than the pre-crisis state
7640	Critical Path Development Constructing and using a timed sequence of patient care activities to enhance desired patient outcomes in a cost-efficient manner
7330	Culture Brokerage The deliberate use of culturally competent strategies to bridge or mediate between the patient's culture and the biomedical health care system
1340	Cutaneous Stimulation Stimulation of the skin and underlying tissues for the purpose of decreasing undesirable signs and symptoms such as pain, muscle spasm, or inflammation
5250	Decision-Making Support Providing information and support for a patient who is making a decision regarding health care
4095	Defibrillator Management: External Care of the patient receiving defibrillation for termination of life threatening cardiac rhythm disturbances
4096	Defibrillator Management: Internal Care of the patient receiving permanent detection and termination of life threatening cardiac rhythm disturbances through the insertion and use of an internal cardiac defibrillator
7650	Delegation Transfer of responsibility for the performance of patient care while retaining accountability for the outcome
6440	Delirium Management Provision of a safe and therapeutic environment for the patient who is experiencing an acute confusional state
6450	Delusion Management Promoting the comfort, safety, and reality orientation of a patient experiencing false, fixed beliefs that have little or no basis in reality
6460	Dementia Management Provision of a modified environment for the patient who is experiencing a chronic confusional state
6462	Dementia Management: Bathing Reduction of aggressive behavior during cleaning of the body
7930	Deposition/Testimony Provision of recorded sworn testimony for legal proceedings based upon knowledge of the case
8250	Developmental Care Structuring the environment and providing care in response to the behavioral cues and states of the preterm infant
8272	Developmental Enhancement: Adolescent Facilitating optimal physical, cognitive, social, and emotional growth of individuals during the transition from childhood to adulthood
8274	Developmental Enhancement: Child Facilitating or teaching parents/caregivers to facilitate the optimal gross motor, fine motor, language, cognitive, social and emotional growth of preschool and school-aged children
4240	Dialysis Access Maintenance Preservation of vascular (arterial-venous) access sites
0460	Diarrhea Management Management and alleviation of diarrhea
1020	Diet Staging Instituting required diet restrictions with subsequent progression of diet as tolerated
7370	Discharge Planning Preparation for moving a patient from one level of care to another within or outside the current health care agency
5900	Distraction Purposeful focusing of attention away from undesirable sensations

7920	Documentation	Recording of pertinent patient data in a clinical record
1630	Dressing	Choosing, putting on, and removing clothes for a person who cannot do this for self
5260	Dying Care	Promotion of physical comfort and psychological peace in the final phase of life
2560	Dysreflexia Management	Prevention and elimination of stimuli that cause hyperactive reflexes and inappropriate autonomic responses in a patient with a cervical or high thoracic cord lesion
4090	Dysrhythmia Management	Preventing, recognizing, and facilitating treatment of abnormal cardiac rhythms
1640	Ear Care	Prevention or minimization of threats to ear or hearing
1030	Eating Disorders Management	Prevention and treatment of severe diet restriction and overexercising or bingeing and purging of food and fluids
2570	Electroconvulsive Therapy (ECT) Management	Assisting with the safe and efficient provision of electroconvulsive therapy in the treatment of psychiatric illness
2000	Electrolyte Management	Promotion of electrolyte balance and prevention of complications resulting from abnormal or undesired serum electrolyte levels
2001	Electrolyte Management: Hypercalcemia	Promotion of calcium balance and prevention of complications resulting from serum calcium levels higher than desired
2002	Electrolyte Management: Hyperkalemia	Promotion of potassium balance and prevention of complications resulting from serum potassium levels higher than desired
2003	Electrolyte Management: Hypermagnesemia	Promotion of magnesium balance and prevention of complications resulting from serum magnesium levels higher than desired
2004	Electrolyte Management: Hyponatremia	Promotion of sodium balance and prevention of complications resulting from serum sodium levels higher than desired
2005	Electrolyte Management: Hyperphosphatemia	Promotion of phosphate balance and prevention of complications resulting from serum phosphate levels higher than desired
2006	Electrolyte Management: Hypocalcemia	Promotion of calcium balance and prevention of complications resulting from serum calcium levels lower than desired
2007	Electrolyte Management: Hypokalemia	Promotion of potassium balance and prevention of complications resulting from serum potassium levels lower than desired
2008	Electrolyte Management: Hypomagnesemia	Promotion of magnesium balance and prevention of complications resulting from serum magnesium levels lower than desired
2009	Electrolyte Management: Hyponatremia	Promotion of sodium balance and prevention of complications resulting from serum sodium levels lower than desired
2010	Electrolyte Management: Hypophosphatemia	Promotion of phosphate balance and prevention of complications resulting from serum phosphate levels lower than desired
2020	Electrolyte Monitoring	Collection and analysis of patient data to regulate electrolyte balance
6771	Electronic Fetal Monitoring: Antepartum	Electronic evaluation of fetal heart rate response to movement, external stimuli, or uterine contractions during antepartal testing
6772	Electronic Fetal Monitoring: Intrapartum	Electronic evaluation of fetal heart rate response to uterine contractions during intrapartal care
6470	Elopement Precautions	Minimizing the risk of a patient leaving a treatment setting without authorization when departure presents a threat to the safety of patient or others
4104	Embolus Care: Peripheral	Limitation of complications for a patient experiencing, or at risk for, occlusion of peripheral circulation
4106	Embolus Care: Pulmonary	Limitation of complications for a patient experiencing, or at risk for, occlusion of pulmonary circulation
4110	Embolus Precautions	Reduction of the risk of an embolus in a patient with thrombi or at risk for thrombus formation
6200	Emergency Care	Providing life-saving measures in life-threatening situations
7660	Emergency Cart Checking	Systematic review and maintenance of the contents of an emergency cart at established time intervals

5270	Emotional Support	Provision of reassurance, acceptance, and encouragement during times of stress
3270	Endotracheal Extubation	Purposeful removal of the endotracheal tube from the nasopharyngeal or oropharyngeal airway
0180	Energy Management	Regulating energy use to treat or prevent fatigue and optimize function
1056	Enteral Tube Feeding	Delivering nutrients and water through a gastrointestinal tube
6480	Environmental Management	Manipulation of the patient's surroundings for therapeutic benefit, sensory appeal, and psychological well-being
6481	Environmental Management: Attachment Process	Manipulation of the patient's surroundings to facilitate the development of the parent-infant relationship
6482	Environmental Management: Comfort	Manipulation of the patient's surroundings for promotion of optimal comfort
6484	Environmental Management: Community	Monitoring and influencing of the physical, social, cultural, economic, and political conditions that affect the health of groups and communities
6485	Environmental Management: Home Preparation	Preparing the home for safe and effective delivery of care
6486	Environmental Management: Safety	Monitoring and manipulation of the physical environment to promote safety
6487	Environmental Management: Violence Prevention	Monitoring and manipulation of the physical environment to decrease the potential for violent behavior directed toward self, others, or environment
6489	Environmental Management: Worker Safety	Monitoring and manipulation of the worksite environment to promote safety and health of workers
8880	Environmental Risk Protection	Preventing and detecting disease and injury in populations at risk from environmental hazards
7680	Examination Assistance	Providing assistance to the patient and another health care provider during a procedure or exam
0200	Exercise Promotion	Facilitation of regular physical activity to maintain or advance to a higher level of fitness and health
0201	Exercise Promotion: Strength Training	Facilitating regular resistive muscle training to maintain or increase muscle strength
0202	Exercise Promotion: Stretching	Facilitation of systematic slow-stretch-hold muscle exercises to induce relaxation, to prepare muscles/joints for more vigorous exercise, or to increase or maintain body flexibility
0221	Exercise Therapy: Ambulation	Promotion and assistance with walking to maintain or restore autonomic and voluntary body functions during treatment and recovery from illness or injury
0222	Exercise Therapy: Balance	Use of specific activities, postures, and movements to maintain, enhance, or restore balance
0224	Exercise Therapy: Joint Mobility	Use of active or passive body movement to maintain or restore joint flexibility
0226	Exercise Therapy: Muscle Control	Use of specific activity or exercise protocols to enhance or restore controlled body movement
1650	Eye Care	Prevention or minimization of threats to eye or visual integrity
6490	Fall Prevention	Instituting special precautions with patient at risk for injury from falling
7100	Family Integrity Promotion	Promotion of family cohesion and unity
7104	Family Integrity Promotion: Childbearing Family	Facilitation of the growth of individuals or families who are adding an infant to the family unit
7110	Family Involvement Promotion	Facilitating participation of family members in the emotional and physical care of the patient
7120	Family Mobilization	Utilization of family strengths to influence patient's health in a positive direction
6784	Family Planning: Contraception	Facilitation of pregnancy prevention by providing information about the physiology of reproduction and methods to control conception

6786	Family Planning: Infertility	Management, education, and support of the patient and significant other undergoing evaluation and treatment for infertility
6788	Family Planning: Unplanned Pregnancy	Facilitation of decision-making regarding pregnancy outcome
7170	Family Presence Facilitation	Facilitation of the family's presence in support of an individual undergoing resuscitation and/or invasive procedures
7130	Family Process Maintenance	Minimization of family process disruption effects
7140	Family Support	Promotion of family values, interests and goals
7150	Family Therapy	Assisting family members to move their family toward a more productive way of living
1050	Feeding	Providing nutritional intake for patient who is unable to feed self
7160	Fertility Preservation	Providing information, counseling, and treatment that facilitate reproductive health and the ability to conceive
3740	Fever Treatment	Management of a patient with hyperpyrexia caused by nonenvironmental factors
7380	Financial Resource Assistance	Assisting an individual/family to secure and manage finances to meet health care needs
6500	Fire-Setting Precautions	Prevention of fire-setting behaviors
6240	First Aid	Providing initial care for a minor injury
8550	Fiscal Resource Management	Procuring and directing the use of financial resources to ensure the development and continuation of programs and services
0470	Flatulence Reduction	Prevention of flatus formation and facilitation of passage of excessive gas
2080	Fluid/Electrolyte Management	Regulation and prevention of complications from altered fluid and/or electrolyte levels
4120	Fluid Management	Promotion of fluid balance and prevention of complications resulting from abnormal or undesired fluid levels
4130	Fluid Monitoring	Collection and analysis of patient data to regulate fluid balance
4140	Fluid Resuscitation	Administering prescribed intravenous fluids rapidly
1660	Foot Care	Cleansing and inspecting the feet for the purposes of relaxation, cleanliness, and healthy skin
7940	Forensic Data Collection	Collection and recording of pertinent patient data for a forensic report
5280	Forgiveness Facilitation	Assisting an individual's willingness to replace feeling of anger and resentment toward another, self, or higher power, with beneficence, empathy, and humility
1080	Gastrointestinal Intubation	Insertion of a tube into the gastrointestinal tract
5242	Genetic Counseling	Use of an interactive helping process focusing on assisting an individual, family or group, manifesting or at risk for developing or transmitting a birth defect or genetic condition, to cope
5290	Grief Work Facilitation	Assistance with the resolution of a significant loss
5294	Grief Work Facilitation: Perinatal Death	Assistance with the resolution of a perinatal loss
6000	Guided Imagery	Purposeful use of imagination to achieve a particular state, outcome, or action or to direct attention away from undesirable sensations
5300	Guilt Work Facilitation	Helping another to cope with painful feelings of actual or perceived responsibility
1670	Hair Care	Promotion of neat, clean, attractive hair

6510	Hallucination Management	Promoting the safety, comfort, and reality orientation of a patient experiencing hallucinations
7960	Health Care Information Exchange	Providing patient care information to other health professionals
5510	Health Education	Developing and providing instruction and learning experiences to facilitate voluntary adaptation of behavior conducive to health in individuals, families, groups, or communities
5515	Health Literacy Enhancement	Assisting individuals with limited ability to obtain, process, and understand information related to health and illness
7970	Health Policy Monitoring	Surveillance and influence of government and organization regulations, rules, and standards that affect nursing systems and practices to ensure quality care of patients
6520	Health Screening	Detecting health risks or problems by means of history, examination, and other procedures
7400	Health System Guidance	Facilitating a patient's location and use of appropriate health services
1380	Heat/Cold Application	Stimulation of the skin and underlying tissues with heat or cold for the purpose of decreasing pain, muscle spasms, or inflammation
3780	Heat Exposure Treatment	Management of patient overcome by heat due to excessive environmental heat exposure
2100	Hemodialysis Therapy	Management of extracorporeal passage of the patient's blood through a dialyzer
4150	Hemodynamic Regulation	Optimization of heart rate, preload, afterload, and contractility
2110	Hemofiltration Therapy	Cleansing of acutely ill patient's blood via a hemofilter controlled by the patient's hydrostatic pressure
4160	Hemorrhage Control	Reduction or elimination of rapid and excessive blood loss
6800	High-Risk Pregnancy Care	Identification and management of a high-risk pregnancy to promote healthy outcomes for mother and baby
7180	Home Maintenance Assistance	Helping the patient/family to maintain the home as a clean, safe, and pleasant place to live
5310	Hope Inspiration	Enhancing the belief in one's capacity to initiate and sustain actions
2280	Hormone Replacement Therapy	Facilitation of safe and effective use of hormone replacement therapy
5320	Humor	Facilitating the patient to perceive, appreciate, and express what is funny, amusing, or ludicrous in order to establish relationships, relieve tension, release anger, facilitate learning, or cope with painful feelings
2120	Hyperglycemia Management	Preventing and treating above normal blood glucose levels
4170	Hypervolemia Management	Reduction in extracellular and/or intracellular fluid volume and prevention of complications in a patient who is fluid overloaded
5920	Hypnosis	Assisting a patient to achieve a state of attentive, focused concentration with suspension of some peripheral awareness to create changes in sensation, thoughts or behavior
2130	Hypoglycemia Management	Preventing and treating low blood glucose levels
3790	Hypothermia Induction	Attaining and maintaining core body temperature below 35 degrees C and monitoring for side effects and/or prevention of complications
3800	Hypothermia Treatment	Rewarming and surveillance of a patient whose core body temperature is below 35° C
4180	Hypovolemia Management	Expansion of intravascular fluid volume in a patient who is volume depleted
6530	Immunization/Vaccination Management	Monitoring immunization status, facilitating access to immunizations, and providing immunizations to prevent communicable disease

4370	Impulse Control Training	Assisting the patient to mediate impulsive behavior through application of problem-solving strategies to social and interpersonal situations
7980	Incident Reporting	Written and verbal reporting of any event in the process of patient care that is inconsistent with desired patient outcomes or routine operations of the health care facility
3440	Incision Site Care	Cleansing, monitoring, and promotion of healing in a wound that is closed with sutures, clips, or staples
6820	Infant Care	Provision of developmentally appropriate family-centered care to the child under 1 year of age
6540	Infection Control	Minimizing the acquisition and transmission of infectious agents
6545	Infection Control: Intraoperative	Preventing nosocomial infection in the operating room
6550	Infection Protection	Prevention and early detection of infection in a patient at risk
7410	Insurance Authorization	Assisting the patient and provider to secure payment for health services or equipment from a third party
2590	Intracranial Pressure (ICP) Monitoring	Measurement and interpretation of patient data to regulate intracranial pressure
6830	Intrapartal Care	Monitoring and management of stages one and two of the birth process
6834	Intrapartal Care: High-Risk Delivery	Assisting with vaginal delivery of multiple or malpositioned fetuses
4190	Intravenous (IV) Insertion	Insertion of a needle into a peripheral vein for the purpose of administering fluids, blood, or medications
4200	Intravenous (IV) Therapy	Administration and monitoring of intravenous fluids and medications
4210	Invasive Hemodynamic Monitoring	Measurement and interpretation of invasive hemodynamic parameters to determine cardiovascular function and regulate therapy as appropriate
4740	Journaling	Promotion of writing as a means to provide opportunities to reflect upon and analyze past events, experiences, thoughts, and feelings
6840	Kangaroo Care	Promoting closeness between parent and physiologically stable preterm infant by preparing the parent and providing the environment for skin-to-skin contact
6850	Labor Induction	Initiation or augmentation of labor by mechanical or pharmacological methods
6860	Labor Suppression	Controlling uterine contractions prior to 37 weeks of gestation to prevent preterm birth
7690	Laboratory Data Interpretation	Critical analysis of patient laboratory data in order to assist with clinical decision-making
5244	Lactation Counseling	Use of an interactive helping process to assist in maintenance of successful breastfeeding
6870	Lactation Suppression	Facilitating the cessation of milk production and minimizing breast engorgement after giving birth
6560	Laser Precautions	Limiting the risk of laser-related injury to the patient
6570	Latex Precautions	Reducing the risk of systemic reaction to latex
5520	Learning Facilitation	Promoting the ability to process and comprehend information
5540	Learning Readiness Enhancement	Improving the ability and willingness to receive information
3460	Leech Therapy	Application of medicinal leeches to help drain replanted or transplanted tissue engorged with venous blood
4380	Limit Setting	Establishing the parameters of desirable and acceptable patient behavior
3480	Lower Extremity Monitoring	Collection, analysis, and use of patient data to categorize risk and prevent injury to the lower extremities

3840	Malignant Hyperthermia Precautions Prevention or reduction of hypermetabolic response to pharmacological agents used during surgery
1480	Massage Stimulation of the skin and underlying tissues with varying degrees of hand pressure to decrease pain, produce relaxation, and/or improve circulation
3300	Mechanical Ventilation Management: Invasive Assisting the patient receiving artificial breathing support which does not necessitate a device inserted into the trachea
3302	Mechanical Ventilation Management: Non-Invasive Assisting the patient receiving artificial breathing support through a device inserted into the trachea
3310	Mechanical Ventilatory Weaning Assisting the patient to breathe without the aid of a mechanical ventilator
2300	Medication Administration Preparing, giving, and evaluating the effectiveness of prescription and nonprescription drugs
2308	Medication Administration: Ear Preparing and instilling otic medications
2301	Medication Administration: Enteral Delivering medications through a tube inserted into the gastrointestinal system
2310	Medication Administration: Eye Preparing and instilling ophthalmic medications
2311	Medication Administration: Inhalation Preparing and administering inhaled medications
2302	Medication Administration: Interpleural Administration of medication through an interpleural catheter for reduction of pain
2312	Medication Administration: Intradermal Preparing and giving medications via the intradermal route
2313	Medication Administration: Intramuscular (IM) Preparing and giving medications via the intramuscular route
2303	Medication Administration: Intraosseous Insertion of a needle through the bone cortex into the medullary cavity for the purpose of short-term, emergency administration of fluid, blood, or medication
2319	Medication Administration: Intraspinal Administration and monitoring of medication via an established epidural or intrathecal route
2314	Medication Administration: Intravenous (IV) Preparing and giving medications via the intravenous route
2320	Medication Administration: Nasal Preparing and giving medications via nasal passages
2304	Medication Administration: Oral Preparing and giving medications by mouth
2315	Medication Administration: Rectal Preparing and inserting rectal suppositories
2316	Medication Administration: Skin Preparing and applying medications to the skin
2317	Medication Administration: Subcutaneous Preparing and giving medications via the subcutaneous route
2318	Medication Administration: Vaginal Preparing and inserting vaginal medications
2307	Medication Administration: Ventricular Reservoir Administration and monitoring of medication through an indwelling catheter into the lateral ventricle of the brain
2380	Medication Management Facilitation of safe and effective use of prescription and over-the-counter drugs
2390	Medication Prescribing Prescribing medication for a health problem
2395	Medication Reconciliation Comparison of the patient's home medications with the admission, transfer and/or discharge orders to ensure accuracy and patient safety
5960	Meditation Facilitation Facilitating a person to alter his/her level of awareness by focusing specifically on an image or thought
4760	Memory Training Facilitation of memory

4390	Milieu Therapy	Use of people, resources, and events in the patient's immediate environment to promote optimal psychosocial functioning
5330	Mood Management	Providing for safety, stabilization, recovery and maintenance of a patient who is experiencing dysfunctionally depressed or elevated mood
8020	Multidisciplinary Care Conference	Planning and evaluating patient care with health professionals from other disciplines
4400	Music Therapy	Using music to help achieve a specific change in behavior, feeling, or physiology
4410	Mutual Goal Setting	Collaborating with patient to identify and prioritize care goals, then developing a plan for achieving those goals
1680	Nail Care	Promotion of clean, neat, attractive nails and prevention of skin lesions related to improper care of nails
1450	Nausea Management	Prevention and alleviation of nausea
2620	Neurologic Monitoring	Collection and analysis of patient data to prevent or minimize neurologic complications
6880	Newborn Care	Management of neonate during the transition to extrauterine life and subsequent period of stabilization
6890	Newborn Monitoring	Measurement and interpretation of physiologic status of the neonate the first 24 hours after delivery
6900	Nonnutritive Sucking	Provision of sucking opportunities for the infant
7200	Normalization Promotion	Assisting parents and other family members of children with chronic illnesses or disabilities in providing normal life experiences for their children and families
1100	Nutrition Management	Assisting with or providing a balanced dietary intake of foods and fluids
1120	Nutrition Therapy	Administration of food and fluids to support metabolic processes of a patient who is malnourished or at high risk for becoming malnourished
5246	Nutritional Counseling	Use of an interactive helping process focusing on the need for diet modification
1160	Nutritional Monitoring	Collection and analysis of patient data to prevent or minimize malnourishment
1710	Oral Health Maintenance	Maintenance and promotion of oral hygiene and dental health for the patient at risk for developing oral or dental lesions
1720	Oral Health Promotion	Promotion of oral hygiene and dental care for a patient with normal oral and dental health
1730	Oral Health Restoration	Promotion of healing for a patient who has an oral mucosa or dental lesion
8060	Order Transcription	Transferring information from order sheets to the nursing patient care planning and documentation system
6260	Organ Procurement	Guiding families through the donation process to ensure timely retrieval of vital organs and tissue for transplant
0480	Ostomy Care	Maintenance of elimination through a stoma and care of surrounding tissue
3320	Oxygen Therapy	Administration of oxygen and monitoring of its effectiveness
4092	Pacemaker Management: Temporary	Temporary support of cardiac pumping through the insertion and use of temporary pacemakers
4091	Pacemaker Management: Permanent	Care of the patient receiving permanent support of cardiac pumping through the insertion and use of a pacemaker
1400	Pain Management	Alleviation of pain or a reduction in pain to a level of comfort that is acceptable to the patient
5562	Parent Education: Adolescent	Assisting parents to understand and help their adolescent children
5566	Parent Education: Childrearing Family	Assisting parents to understand and promote the physical, psychological, and social growth and development of their toddler, preschool, or school-aged child/children

5568	Parent Education: Infant	Instruction on nurturing and physical care needed during the first year of life
8300	Parenting Promotion	Providing parenting information, support and coordination of comprehensive services to high-risk families
7440	Pass Facilitation	Arranging a leave for a patient from a health care facility
4420	Patient Contracting	Negotiating an agreement with an individual that reinforces a specific behavior change
2400	Patient-Controlled Analgesia (PCA) Assistance	Facilitating patient control of analgesic administration and regulation
7460	Patient Rights Protection	Protection of health care rights of a patient, especially a minor, incapacitated, or incompetent patient unable to make decisions
7700	Peer Review	Systematic evaluation of a peer's performance compared with professional standards of practice
0560	Pelvic Muscle Exercise	Strengthening and training the levator ani and urogenital muscles through voluntary, repetitive contraction to decrease stress, urge or mixed types of urinary incontinence
1750	Perineal Care	Maintenance of perineal skin integrity and relief of perineal discomfort
2660	Peripheral Sensation Management	Prevention or minimization of injury or discomfort in the patient with altered sensation
4220	Peripherally Inserted Central (PIC) Catheter Care	Insertion and maintenance of a peripherally inserted catheter either midline or centrally located
2150	Peritoneal Dialysis Therapy	Administration and monitoring of dialysis solution into and out of the peritoneal cavity
0630	Pessary Management	Placement and monitoring of a vaginal device for treating stress urinary incontinence, uterine retroversion, genital prolapse, or incompetent cervix
4232	Phlebotomy: Arterial Blood Sample	Obtaining a blood sample from an uncannulated artery to assess oxygen and carbon dioxide levels and acid-base balance
4234	Phlebotomy: Blood Unit Acquisition	Procuring blood and blood products from donors
4235	Phlebotomy: Cannulated Vessel	Aspirating a blood sample through an indwelling vascular catheter for laboratory tests
4238	Phlebotomy: Venous Blood Sample	Removal of a sample of venous blood from an uncannulated vein
6926	Phototherapy: Mood/Sleep Regulation	Administration of doses of bright light in order to elevate mood and/or normalize the body's internal clock
6924	Phototherapy: Neonate	Use of light therapy to reduce bilirubin levels in newborn infants
6580	Physical Restraint	Application, monitoring, and removal of mechanical restraining devices or manual restraints used to limit physical mobility of a patient
7710	Physician Support	Collaborating with physicians to provide quality patient care
6590	Pneumatic Tourniquet Precautions	Applying a pneumatic tourniquet, while minimizing the potential for patient injury from use of the device
0840	Positioning	Deliberative placement of the patient or a body part to promote physiological and/or psychological well-being
0842	Positioning: Intraoperative	Moving the patient or body part to promote surgical exposure while reducing the risk of discomfort and complications
0844	Positioning: Neurologic	Achievement of optimal, appropriate body alignment for the patient experiencing or at risk for spinal cord injury or vertebral irritability
0846	Positioning: Wheelchair	Placement of a patient in a properly selected wheelchair to enhance comfort, promote skin integrity, and foster independence
2870	Postanesthesia Care	Monitoring and management of the patient who has recently undergone general or regional anesthesia
1770	Postmortem Care	Providing physical care of the body of an expired patient and support for the family viewing the body

6930	Postpartal Care	Monitoring and management of the patient who has recently given birth
7722	Preceptor: Employee	Assisting and supporting a new or transferred employee through a planned orientation to a specific clinical area
7726	Preceptor: Student	Assisting and supporting learning experiences for a student
5247	Preconception Counseling	Screening and providing information and support to individuals of childbearing age before pregnancy to promote health and reduce risks
6950	Pregnancy Termination Care	Management of the physical and psychological needs of the woman undergoing a spontaneous or elective abortion
1440	Premenstrual Syndrome (PMS) Management	Alleviation/attenuation of physical and/or behavioral symptoms occurring during the luteal phase of the menstrual cycle
6960	Prenatal Care	Monitoring and management of patient during pregnancy to prevent complications of pregnancy and promote a healthy outcome for both mother and infant
2880	Preoperative Coordination	Facilitating preadmission diagnostic testing and preparation of the surgical patient
5580	Preparatory Sensory Information	Describing in concrete and objective terms the typical sensory experiences and events associated with an upcoming stressful health care procedure/treatment
5340	Presence	Being with another, both physically and psychologically, during times of need
3500	Pressure Management	Minimizing pressure to body parts
3520	Pressure Ulcer Care	Facilitation of healing in pressure ulcers
3540	Pressure Ulcer Prevention	Prevention of pressure ulcers for an individual at high risk for developing them
7760	Product Evaluation	Determining the effectiveness of new products or equipment
8700	Program Development	Planning, implementing, and evaluating a coordinated set of activities designed to enhance wellness, or to prevent, reduce, or eliminate one or more health problems for a group or community
1460	Progressive Muscle Relaxation	Facilitating the tensing and releasing of successive muscle groups while attending to the resulting differences in sensation
0640	Prompted Voiding	Promotion of urinary continence through the use of timed verbal toileting reminders and positive social feedback for successful toileting
1780	Prosthesis Care	Care of a removable appliance worn by a patient and the prevention of complications associated with its use
3550	Pruritus Management	Preventing and treating itching
7800	Quality Monitoring	Systematic collection and analysis of an organization's quality indicators for the purpose of improving patient care
6600	Radiation Therapy Management	Assisting the patient to understand and minimize the side effects of radiation treatments
6300	Rape-Trauma Treatment	Provision of emotional and physical support immediately following a reported rape
4820	Reality Orientation	Promotion of patient's awareness of personal identity, time, and environment
5360	Recreation Therapy	Purposeful use of recreation to promote relaxation and enhancement of social skills
0490	Rectal Prolapse Management	Prevention and/or manual reduction of rectal prolapse
8100	Referral	Arrangement for services by another care provider or agency
6040	Relaxation Therapy	Use of techniques to encourage and elicit relaxation for the purpose of decreasing undesirable signs and symptoms such as pain, muscle tension, or anxiety
5422	Religious Addiction Prevention	Prevention of a self-imposed controlling religious lifestyle

5424	Religious Ritual Enhancement Facilitating participation in religious practices
5350	Relocation Stress Reduction Assisting the individual to prepare for and cope with movement from one environment to another
4860	Reminiscence Therapy Using the recall of past events, feelings, and thoughts to facilitate pleasure, quality of life, or adaptation to present circumstances
7886	Reproductive Technology Management Assisting a patient through the steps of complex infertility treatment
8120	Research Data Collection Collecting research data
8340	Resiliency Promotion Assisting individuals, families, and communities in development, use, and strengthening of protective factors to be used in coping with environmental and societal stressors
3350	Respiratory Monitoring Collection and analysis of patient data to ensure airway patency and adequate gas exchange
7260	Respite Care Provision of short-term care to provide relief for family caregiver
6320	Resuscitation Administering emergency measures to sustain life
6972	Resuscitation: Fetus Administering emergency measures to improve placental perfusion or correct fetal acid-base status
6974	Resuscitation: Neonate Administering emergency measures to support newborn adaptation to extrauterine life
6610	Risk Identification Analysis of potential risk factors, determination of health risks, and prioritization of risk reduction strategies for an individual or group
6612	Risk Identification: Childbearing Family Identification of an individual or family likely to experience difficulties in parenting and prioritization of strategies to prevent parenting problems
6614	Risk Identification: Genetic Identification and analysis of potential genetic risk factors in an individual, family, or group
5370	Role Enhancement Assisting a patient, significant other, and/or family to improve relationships by clarifying and supplementing specific role behaviors
6630	Seclusion Solitary containment in a fully protective environment with close surveillance by nursing staff for purposes of safety or behavior management
5380	Security Enhancement Intensifying a patient's sense of physical and psychological safety
2260	Sedation Management Administration of sedatives, monitoring of the patient's response, and provision of necessary physiological support during a diagnostic or therapeutic procedure
2680	Seizure Management Care of a patient during a seizure and the postictal state
2690	Seizure Precautions Prevention or minimization of potential injuries sustained by a patient with a known seizure disorder
5390	Self-Awareness Enhancement Assisting a patient to explore and understand his/her thoughts, feelings, motivations, and behaviors
1800	Self-Care Assistance Assisting another to perform activities of daily living
1801	Self-Care Assistance: Bathing/Hygiene Assisting patient to perform personal hygiene
1802	Self-Care Assistance: Dressing/Grooming Assisting patient with clothes and appearance
1803	Self-Care Assistance: Feeding Assisting a person to eat
1805	Self-Care Assistance: IADL Assisting and instructing a person to perform instrumental activities of daily living (IADL) needed to function in the home or community
1804	Self-Care Assistance: Toileting Assisting another with elimination
1806	Self-Care Assistance: Transfer Assisting a patient with limitation of independent movement to learn to change body location

5395	Self-Efficacy Enhancement	Strengthening an individual's confidence in his/her ability to perform a health behavior
5400	Self-Esteem Enhancement	Assisting a patient to increase his/her personal judgment of self-worth
5922	Self-Hypnosis Facilitation	Teaching and monitoring the use of a self-initiated hypnotic state for therapeutic benefit
4470	Self-Modification Assistance	Reinforcement of self-directed change initiated by the patient to achieve personally important goals
4480	Self-Responsibility Facilitation	Encouraging a patient to assume more responsibility for own behavior
5248	Sexual Counseling	Use of an interactive helping process focusing on the need to make adjustments in sexual practice or to enhance coping with a sexual event/disorder
8140	Shift Report	Exchanging essential patient care information with other nursing staff at change of shift
4250	Shock Management	Facilitation of the delivery of oxygen and nutrients to systemic tissue with removal of cellular waste products in a patient with severely altered tissue perfusion
4254	Shock Management: Cardiac	Promotion of adequate tissue perfusion for a patient with severely compromised pumping function of the heart
4256	Shock Management: Vasogenic	Promotion of adequate tissue perfusion for a patient with severe loss of vascular tone
4258	Shock Management: Volume	Promotion of adequate tissue perfusion for a patient with severely compromised intravascular volume
4260	Shock Prevention	Detecting and treating a patient at risk for impending shock
7280	Sibling Support	Assisting a sibling to cope with a brother or sister's illness/chronic condition/disability
3582	Skin Care: Donor Site	Prevention of wound complications and promotion of healing at the donor site
3583	Skin Care: Graft Site	Prevention of wound complications and promotion of graft site healing
3584	Skin Care: Topical Treatments	Application of topical substances or manipulation of devices to promote skin integrity and minimize skin breakdown
3590	Skin Surveillance	Collection and analysis of patient data to maintain skin and mucous membrane integrity
1850	Sleep Enhancement	Facilitation of regular sleep/wake cycles
4490	Smoking Cessation Assistance	Helping another to stop smoking
8750	Social Marketing	Use of marketing principles to influence the health beliefs, attitudes and behaviors to benefit a target population
5100	Socialization Enhancement	Facilitation of another person's ability to interact with others
7820	Specimen Management	Obtaining, preparing, and preserving a specimen for a laboratory test
5426	Spiritual Growth Facilitation	Facilitation of growth in patient's capacity to identify, connect with, and call upon the source of meaning, purpose, comfort, strength, and hope in their lives
5420	Spiritual Support	Assisting the patient to feel balance and connection with a greater power
0910	Splinting	Stabilization, immobilization, and/or protection of an injured body part with a supportive appliance
6648	Sports-Injury Prevention: Youth	Reduce the risk of sports-related injury in young athletes
7850	Staff Development	Developing, maintaining, and monitoring competence of staff
7830	Staff Supervision	Facilitating the delivery of high-quality patient care by others

2720	Subarachnoid Hemorrhage Precautions	Reduction of internal and external stimuli or stressors to minimize risk of rebleeding prior to surgery or endovascular procedure to secure ruptured aneurysm
4500	Substance Use Prevention	Prevention of an alcoholic or drug use lifestyle
4510	Substance Use Treatment	Supportive care of patient/family members with physical and psychosocial problems associated with the use of alcohol or drugs
4512	Substance Use Treatment: Alcohol Withdrawal	Care of the patient experiencing sudden cessation of alcohol consumption
4514	Substance Use Treatment: Drug Withdrawal	Care of a patient experiencing drug detoxification
4516	Substance Use Treatment: Overdose	Monitoring, treatment, and emotional support of a patient who has ingested prescription or over-the-counter drugs beyond the therapeutic range
6340	Suicide Prevention	Reducing risk of self-inflicted harm with intent to end life
7840	Supply Management	Ensuring acquisition and maintenance of appropriate items for providing patient care
5430	Support Group	Use of a group environment to provide emotional support and health-related information for members
5440	Support System Enhancement	Facilitation of support to patient by family, friends, and community
2900	Surgical Assistance	Assisting the surgeon/dentist with operative procedures and care of the surgical patient
2920	Surgical Precautions	Minimizing the potential for iatrogenic injury to the patient related to a surgical procedure
2930	Surgical Preparation	Providing care to a patient immediately prior to surgery and verifying required procedures/tests and documentation in the clinical record
6650	Surveillance	Purposeful and ongoing acquisition, interpretation, and synthesis of patient data for clinical decision-making
6652	Surveillance: Community	Purposeful and ongoing acquisition, interpretation, and synthesis of data for decision-making in the community
6656	Surveillance: Late Pregnancy	Purposeful and ongoing acquisition, interpretation, and synthesis of maternal-fetal data for treatment, observation, or admission
6658	Surveillance: Remote Electronic	Purposeful and ongoing acquisition of patient data via electronic modalities (telephone, video, conferencing, e-mail) from distant locations, as well as interpretation and synthesis of patient data for clinical decision-making with individuals or populations
6654	Surveillance: Safety	Purposeful and ongoing collection and analysis of information about the patient and the environment for use in promoting and maintaining patient safety
7500	Sustenance Support	Helping an individual/family in need to locate food, clothing, or shelter
3620	Suturing	Approximating edges of a wound using sterile suture material and a needle
1860	Swallowing Therapy	Facilitating swallowing and preventing complications of impaired swallowing
5602	Teaching: Disease Process	Assisting the patient to understand information related to a specific disease process
5603	Teaching: Foot Care	Preparing a patient at risk and/or significant other to provide preventive foot care
5604	Teaching: Group	Development, implementation, and evaluation of a patient teaching program for a group of individuals experiencing the same health condition
5606	Teaching: Individual	Planning, implementation, and evaluation of a teaching program designed to address a patient's particular needs
5640	Teaching: Infant Nutrition 0-3 Months	Instruction on nutrition and feeding practices through the first three months of life
5641	Teaching: Infant Nutrition 4-6 Months	Instruction on nutrition and feeding practices from the fourth month through the sixth month of life
5642	Teaching: Infant Nutrition 7-9 Months	Instruction on nutrition and feeding practices from the seventh month through the ninth month of life

5643	Teaching: Infant Nutrition 10-12 Months Instruction on nutrition and feeding practices from the tenth month through the twelfth month of life
5645	Teaching: Infant Safety 0-3 Months Instruction on safety through the first three months of life
5646	Teaching: Infant Safety 4-6 Months Instruction on safety from the fourth month through the sixth month of life
5647	Teaching: Infant Safety 7-9 Months Instruction on safety from the seventh month through the ninth month of life
5648	Teaching: Infant Safety 10-12 Months Instruction on safety from the tenth month through the twelfth month of life
5655	Teaching: Infant Stimulation 0-4 Months Teaching parents and caregivers to provide developmentally appropriate sensory activities to promote development and movement through the first four months of life
5656	Teaching: Infant Stimulation 5-8 Months Teaching parents and caregivers to provide developmentally appropriate sensory activities to promote development and movement from the fifth month through the eighth month of life
5657	Teaching: Infant Stimulation 9-12 Months Teaching parents and caregivers to provide developmentally appropriate sensory activities to promote development and movement from the ninth month through the twelfth month of life
5610	Teaching: Preoperative Assisting a patient to understand and mentally prepare for surgery and the postoperative recovery period
5612	Teaching: Prescribed Activity/Exercise Preparing a patient to achieve and/or maintain a prescribed level of activity
5614	Teaching: Prescribed Diet Preparing a patient to correctly follow a prescribed diet
5616	Teaching: Prescribed Medication Preparing a patient to safely take prescribed medications and monitor for their effects
5618	Teaching: Procedure/Treatment Preparing a patient to understand and mentally prepare for a prescribed procedure or treatment
5620	Teaching: Psychomotor Skill Preparing a patient to perform a psychomotor skill
5622	Teaching: Safe Sex Providing instruction concerning sexual protection during sexual activity
5624	Teaching: Sexuality Assisting individuals to understand physical and psychosocial dimensions of sexual growth and development
5660	Teaching: Toddler Nutrition 13-18 Months Instruction on nutrition and feeding practices from the thirteenth month through the eighteenth month of life
5661	Teaching: Toddler Nutrition 19-24 Months Instruction on nutrition and feeding practices from the nineteenth month through the twenty-fourth month of life
5662	Teaching: Toddler Nutrition 25-36 Months Instruction on nutrition and feeding practices from the twenty-fifth month through the thirty-sixth month of life
5665	Teaching: Toddler Safety 13-18 Months Instruction on safety from the thirteenth month through the eighteenth month of life
5666	Teaching: Toddler Safety 19-24 Months Instruction on safety from the nineteenth month through the twenty-fourth month of life
5667	Teaching: Toddler Safety 25-36 Months Instruction on safety from the twenty-fifth month through the thirty-sixth month of life
5634	Teaching: Toilet Training Instruction on determining the child's readiness and strategies to assist the child to learn independent toileting skills
7880	Technology Management Use of technical equipment and devices to monitor patient condition or sustain life
8180	Telephone Consultation Eliciting patient's concerns, listening, and providing support, information, or teaching in response to patient's stated concerns, over the telephone
8190	Telephone Follow-up Providing results of testing or evaluating patient's response and determining potential for problems as a result of previous treatment, examination, or testing, over the telephone

3900	Temperature Regulation Attaining and/or maintaining body temperature within a normal range
3902	Temperature Regulation: Intraoperative Attaining and/or maintaining desired intraoperative body temperature
4430	Therapeutic Play Purposeful and directive use of toys and other materials to assist children in communicating their perception and knowledge of their world and to help in gaining mastery of their environment
5465	Therapeutic Touch Attuning to the universal healing field, seeking to act as an instrument for healing influence, and using the natural sensitivity of the hands to gently focus and direct the intervention process
5450	Therapy Group Application of psychotherapeutic techniques to a group, including the utilization of interactions between members of the group
4270	Thrombolytic Therapy Management Collection and analysis of patient data to expedite safe, appropriate provision of an agent that dissolves a thrombus
1200	Total Parenteral Nutrition (TPN) Administration Preparation and delivery of nutrients intravenously and monitoring of patient responsiveness
5460	Touch Providing comfort and communication through purposeful tactile contact
0940	Traction/Immobilization Care Management of a patient who has traction and/or a stabilizing device to immobilize and stabilize a body part
1540	Transcutaneous Electrical Nerve Stimulation (TENS) Stimulation of skin and underlying tissues with controlled, low-voltage electrical vibration via electrodes
0970	Transfer Moving a patient with limitation of independent movement
7890	Transport: Interfacility Moving a patient from one facility to another
7892	Transport: Intrafacility Moving a patient from one area of a facility to another
5410	Trauma Therapy: Child Use of an interactive helping process to resolve a trauma experienced by a child
6362	Triage: Disaster Establishing priorities of patient care for urgent treatment while allocating scarce resources
6364	Triage: Emergency Center Establishing priorities and initiating treatment for patients in an emergency center
6366	Triage: Telephone Determining the nature and urgency of a problem(s) and providing directions for the level of care required, over the telephone
5470	Truth Telling Use of whole truth, partial truth, or decision delay to promote the patient's self-determination and well-being
1870	Tube Care Management of a patient with an external drainage device exiting the body
1872	Tube Care: Chest Management of a patient with an external water-seal drainage device exiting the chest cavity
1874	Tube Care: Gastrointestinal Management of a patient with a gastrointestinal tube
1875	Tube Care: Umbilical Line Management of a newborn with an umbilical catheter
1876	Tube Care: Urinary Management of a patient with urinary drainage equipment
1878	Tube Care: Ventriculostomy/Lumbar Drain Management of a patient with an external cerebrospinal fluid drainage system
6982	Ultrasonography: Limited Obstetric Performance of ultrasound exams to determine ovarian, uterine, or fetal status
2760	Unilateral Neglect Management Protecting and safely reintegrating the affected part of the body while helping the patient adapt to disturbed perceptual abilities
0570	Urinary Bladder Training Improving bladder function for those with urge incontinence by increasing the bladder's ability to hold urine and the patient's ability to suppress urination

0580	Urinary Catheterization	Insertion of a catheter into the bladder for temporary or permanent drainage of urine
0582	Urinary Catheterization: Intermittent	Regular periodic use of a catheter to empty the bladder
0590	Urinary Elimination Management	Maintenance of an optimum urinary elimination pattern
0600	Urinary Habit Training	Establishing a predictable pattern of bladder emptying to prevent incontinence for persons with limited cognitive ability who have urge, stress, or functional incontinence
0610	Urinary Incontinence Care	Assistance in promoting continence and maintaining perineal skin integrity
0612	Urinary Incontinence Care: Enuresis	Promotion of urinary continence in children
0620	Urinary Retention Care	Assistance in relieving bladder distention
6670	Validation Therapy	A method of therapeutic communication used with elderly person with dementia that focuses on emotional rather than factual content
5480	Values Clarification	Assisting another to clarify her/his own values in order to facilitate effective decision-making
9050	Vehicle Safety Promotion	Assisting individuals, families and communities to increase awareness of measures to reduce unintentional injuries in motorized and non-motorized vehicle
2440	Venous Access Device (VAD) Maintenance	Management of the patient with prolonged venous access via tunneled and nontunneled (percutaneous) catheters, and implanted ports
3390	Ventilation Assistance	Promotion of an optimal spontaneous breathing pattern that maximizes oxygen and carbon dioxide exchange in the lungs
7560	Visitation Facilitation	Promoting beneficial visits by family and friends
6680	Vital Signs Monitoring	Collection and analysis of cardiovascular, respiratory, and body temperature data to determine and prevent complications
1570	Vomiting Management	Prevention and alleviation of vomiting
1240	Weight Gain Assistance	Facilitating gain of body weight
1260	Weight Management	Facilitating maintenance of optimal body weight and percent body fat
1280	Weight Reduction Assistance	Facilitating loss of weight and/or body fat
3660	Wound Care	Prevention of wound complications and promotion of wound healing
3661	Wound Care: Burns	Prevention of wound complications due to burns and facilitation of wound healing
3662	Wound Care: Closed Drainage	Maintenance of a pressure drainage system at the wound site
3680	Wound Irrigation	Flushing of an open wound to cleanse and remove debris and excessive drainage